

STAY-AT-HOME ORDER QUICK GUIDE

FOR WESTMINSTER COLLEGE



THINGS YOU CAN DO

- Go to grocery, convenience, or warehouse stores
- Go to the pharmacy to pick up medications and other healthcare necessities
- Go to medical appointments (check with your doctor or provider first)
- Go to a restaurant for take-out, delivery, or drive-thru
- Go to a place of worship — just make sure that no more than 10 people are in any single space at one time and keep six feet of distance between you and others
- Take a walk, ride your bike, hike, fish, hunt, golf and be in nature for exercise — just keep six feet of distance between you and others
- Receive deliveries from any business that delivers



THINGS YOU CAN'T DO

- Visit state office buildings that are closed to the public
- Stand closer than six feet of distance from others
- Visit loved ones in nursing homes, long-term care facilities, and assisted living homes, unless you are providing critical assistance

ESSENTIAL BUSINESSES INCLUDE, BUT ARE NOT LIMITED TO:

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| <ul style="list-style-type: none">• Healthcare workers and caregivers• Law enforcement, fire fighters, and first responders• Government operations• Mental health and social service workers• Pharmacy employees• Workers supporting groceries, | <ul style="list-style-type: none">• pharmacies and other retail sales of food and beverage products• Restaurant carryout and quick-serve food operations and food delivery employees• Farmworkers• Electricity and utility industry employees• Critical manufacturing employees | <ul style="list-style-type: none">• (medical supply chains, energy, transportation, food, chemicals)• Petroleum, natural, and propane gas workers• Transportation and logistics workers• Communications and information technology employees |
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